### Resource Guide



Ocean County Student Assistance Coordinators

Susan Lamela Resource Coordinator, Barnegat High School

#### Important Information about Counseling and Psychiatric Resources

Just a few things to note about the lists provided in this guide:

- The information provided is current as of January 2018 and could change at any time in the future.
- The lists are in no particular order, so look through the entire list if you are searching for something or someone specific.
- The information provided in the inclusive services/specialty column may be limited and
  what was available at the time; Please advise clients to always call a particular provider
  for their complete array of services and availability.
- The list compliments <u>The Ocean County Health Department Adolescent Resource Guide</u>
   which is readily available on the internet through Ocean County Health Department
   website. <u>This list concentrates on private therapists and doctors</u>, and a few larger
   agencies, but in no way, encompasses all services available in Ocean County.

#### **Specialty Areas**

#### PESS/Psychiatric Emergencies

Southern Ocean Medical Center:

609-597-6405

Monmouth Medical Center (Southern Campus):

732-886-4474

(Formally Kimball Medical Center)

#### **Hospitals**

Southern Ocean Medical Center (Manahawkin):

609-597-6011

Ocean Medical Center (Brick):

732-840-2200

Monmouth Medical Center:

732-222-5200

Community Medical Center:

732-557-8000

Perform Care N.J. (24 hours, 7 days)

1-877-652-7624

Faily Crisis Intervention

732-240-3638

Mobile Response

877-652-7624

To access many other resources and The Adolescent Resource Guide from the Ocean County Health Department, go to the website www.ochd.org and click on the Resources Tab.

Ocean County Health Dept......

732-341-9700

Drug and Alcohol Services......

732-341-9700 ext. 7535

#### **Support Hotlines**

Nar-ANON, support for families	877-424-4491
Addiction Hotline of NJ	1-800-238-2333
NJ Support Group Hotline	1-800-367-6274
NAMI (National Alliance for Mental Illness)	1-800-950-6264
Narcotics Anonymous	1-800-992-0401
NJQUIT Line	1-866-NJSTOPS
American Anorexia/Bulimia Association of NJ	800-931-2237
LGBT Youth Line	800-347-8336
National Child Abuse Hotline	800-422-4453
Gamblers Anonymous	1-800-GAMBLER

#### **PerformCare**

#### **Helping families across New Jersey**

PerformCare is the single point of entry for the New Jersey Children's System of Care (CSOC). Help is available for children, adolescents and young adults (up to age 21) seeking behavioral health, intellectual/developmental disability, or certain substance use treatment services.

#### Available 24 hours a day, 7 days a week — 1-877-652-7624

Families should call if their child's behavior has changed or if they are overwhelmed by challenges at home or in the community. Some common reasons to call PerformCare include:

- Depression and/or anxiety.
- Bullying or being bullied.
- Physical or verbal aggression.
- Intellectual/developmental disabilities.
- Substance use.
- Inattention or hyperactivity.
- · Oppositional or defiant behavior.
- Grief from major trauma.
- Concerns from teachers.

Families can also visit PerformCare's website at www.performcarenj.org.

#### Child-centered care in the right place

No matter what the challenge, the Children's System of Care can help put your child on the path to a better quality of life. Depending on your child's needs, CSOC services include:

- · Referral to counseling services.
- Mobile response to stabilize crisis situations.
- Care management for intense and complex needs.
- Assessments to determine your child's needs.
- Behavioral supports for activities of daily living.
- Family support for education and advocacy.
- Respite services for families.
- Substance use treatment (up to age 18).

PerformCare is available 24 hours a day, 7 days a week, 365 days a year. Contact us toll-free (parents, guardians and youth):

1-877-652-7624 or TTY: 1-866-896-6975 www.performcarenj.org/families



PerformCare associates are available 365 days a year to connect eligible children to individualized care.

NJ Children's System of Care

www.performcarenj.org

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#### **PerformCare**

#### Ayuda para familias de New Jersey

PerformCare es la puerta de entrada al Sistema de Cuidado de Niños de New Jersey (CSOC). Hay ayuda disponible para niños, adolescentes y adultos jóvenes (de hasta 21 años) buscando servicios de la salud del comportamiento, discapacidad intelectual/del desarrollo o determinados servicios de tratamiento por abuso de sustancias tóxicas.

#### Disponible las 24 horas del día, los 7 días de la semana: 1-877-652-7624

Las familias deben llamar si notan cambios en el comportamiento de su hijo o si se sienten abrumados por problemas en el hogar o en la comunidad. Algunas razones comunes para llamar a PerformCare incluyen:

- Depresión y/o ansiedad.
- · Acoso (víctima o agresor).
- · Agresión física o verbal.
- Discapacidades intelectuales/del desarrollo.
- Adicciones.
- Falta de atención o hiperactividad.
- Comportamiento rebelde o desafiante.
- · Aflicción por trauma grave.
- Preocupación de los maestros.

Las familias también pueden visitar el sitio de Internet de PerformCare en www.performcarenj.org.

#### Atención centrada en el niño, en el lugar correcto

Independientemente de la dificultad, el Sistema de Cuidado de Niños puede ayudar a guiar a su hijo en el camino correcto hacia una mejor calidad de vida. Según las necesidades de su hijo, los servicios del CSOC incluyen:

- Referencia médica a servicios de asesoramiento.
- Respuesta móvil para estabilizar situaciones de crisis.
- Administración de cuidado para las necesidades intensas y complejas.
- Evaluaciones para determinar las necesidades de su hijo.

- Apoyo del comportamiento para las actividades cotidianas.
- Apoyo a la familia en educación y abogacía.
- Servicios de relevo para las familias.
- Tratamientos para adicciones (hasta los 18 años).

PerformCare está disponible las 24 horas del día, los 7 días de la semana, los 365 días del año. Llámenos sin cargo (padres, tutores y jóvenes):

1-877-652-7624 o TTY: 1-866-896-6975 www.performcarenj.org/families



Los representantes de PerformCare están disponibles los 365 días del año para brindar atención personalizada a los niños que resulten elegibles.

NJ Children's System of Care

#### www.performcarenj.org

Todas las imágenes son utilizadas bajo licencia únicamente con fines ilustrativos. Cualquier persona representada es un modelo.

6005PC-1522-23

#### NJ Children's System of Care

Administered by PerformCare®

### Substance Use Treatment Services Frequently Asked Questions for Families

Effective July 1, 2013, PerformCare began authorizing youth who meet specific criteria to receive substance use treatment (SUT) services from a limited number of providers who are contracted with the Department of Children & Families (DCF), New Jersey Children's System of Care (CSOC). In January 2014, CSOC substance use treatment resources were expanded to include South Jersey Initiative (SJI) adolescent treatment services.

Effective July 1, 2015, co-occurring treatment services will be provided to <u>all</u> youth served in Long-Term (LT) and Short-Term (ST) Residential SUT programs. Furthermore, effective July 1, 2015, detox services will be available to youth from all 21 counties.

Knowing where to go for help for a substance use problem can be challenging. PerformCare New Jersey has made that very important step—reaching out for help—easier for you and your family. The following frequently asked questions are designed to help you understand how PerformCare can connect your family member to the help they need.

#### Who is eligible to receive substance use treatment services?

Currently, the services managed by PerformCare are limited to youth ages 13 up until their 18<sup>th</sup> birthday who meet clinical criteria for substance use treatment. Youth who are 18 years old may also qualify for CSOC substance use treatment services <u>IF</u> they are actively in high school or actively pursuing their education <u>AND</u> would be best served in an adolescent program. The SUT Provider List [<u>Contracted Provider List</u>] will identify which providers serve 18 year olds. Families and youth may contact us directly to confirm their eligibility for services. Youth can also be referred by the Division of Child Protection & Permanency (DCP&P), Juvenile Court, designated county substance use coordinators, Mobile Response & Stabilization Services (MRSS), Care Management Organizations (CMO), or one of the contracted substance use treatment provider agencies.

In addition to meeting the above-mentioned criteria, youth who are from the following eight southern counties also may qualify for substance use treatment via South Jersey Initiative (SJI) funding: Atlantic, Burlington, Camden, Cumberland, Gloucester, Cape May, Ocean, and Salem.

#### What happens if my child does not qualify for substance use treatment services through PerformCare?

PerformCare will provide your family with information about other options for access to substance use treatment within New Jersey.

#### What is PerformCare's role in managing substance use treatment services?

PerformCare is the Contracted System Administrator for the CSOC. PerformCare is available 24-hours, 7 days per week for youth and families experiencing behavioral, emotional, developmental/intellectual

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disability needs, and/or substance use treatment. PerformCare is the front door to a full array of behavioral health, intellectual/developmental disability, and substance use treatment services for New Jersey's children: a single point of entry for all, whether their advocate is a parent or a social service professional.

Through one simple telephone call, licensed clinicians are available to provide youth and their families with information and referrals based upon immediate needs. Some referrals include authorization of services for treatment funded by CSOC. PerformCare is authorized to make referrals for substance use assessments and as well as some outpatient and residential treatment programs throughout New Jersey. PerformCare can provide assistance, information, and referral to any youth and family that calls.

#### What if my child needs detoxification treatment?

PerformCare will conduct a screening to determine if there is a need for detoxification treatment. If your child meets criteria for detoxification treatment, PerformCare will warm transfer your child/referent to our contracted detoxification provider in order to quickly coordinate admission.

#### Does PerformCare accept court-ordered youth?

Yes. PerformCare will arrange for a substance use assessment to determine what intensity of service will meet the needs of the individual youth. Youth involved with juvenile court can be referred directly by their county's identified court agent.

#### What types of substance use treatment services are authorized?

PerformCare authorizes Outpatient (Level I), Intensive Outpatient (Level 2.1), Partial Care (Level 2.5), Long-Term RTC (Level 3.5), Short-Term Residential (Level 3.7), and Medically Monitored High Intensity Inpatient-Withdrawal Management (Level 3.7WM). Service consideration is based upon the American Society of Addiction Medicine (ASAM) criteria, also known as the ASAM patient placement criteria. ASAM is the most widely used and comprehensive set of guidelines for treatment, continued stay, and transfer/discharge of individuals with addiction and co-occurring conditions. PerformCare also authorizes Needs Bio Psychosocial Assessments, which may be completed by a dually-credentialed Intensive In-Community (IIC) evaluator or a contracted substance use treatment provider. Upon assessment, a youth may also qualify for an array of behavioral health and/or IDD (Intellectual/Developmental Disability) services authorized through PerformCare.

All youth admitted to a Long-Term (LT) or Short-Term (ST) SUT residential program will be assigned to a Care Management Organization (CMO) immediately upon admission. CMO is a county-based, non-profit organization that is responsible for face-to-face care management and comprehensive service planning for youth and their families with intense and/or complex needs. CMO will coordinate the Child/Family Team (CFT) meetings, implement Individual Service Plans (ISP) for each youth and his or her family, and will facilitate the Presumptive Eligibility (PE) process that is necessary to fund this placement. Therefore, CMO involvement is required thought the youth's entire episode of LT or ST care. The treating substance use agency will provide you with additional information regarding CMO services.

#### Does PerformCare provide treatment services directly?

No. PerformCare connects children, youth, and young adults to treatment.

#### What age range is covered?

Youth age 13 up until their 18<sup>th</sup> birthday may qualify for substance use treatment services through PerformCare. Youth who are 18 years-old may also qualify for CSOC substance use treatment services <u>IF</u> they are actively in high school or actively pursuing their education <u>AND</u> would be best served in an adolescent program. The SUT Provider List [<u>Contracted Provider List</u>] will identify which providers serve 18 year-olds. If a youth turns 18 (or 19 if admitted at age 18) while receiving services in a contracted SUT program, PerformCare will continue the authorization until the youth is ready for transition to another level of service. At the time of completing their current course of treatment, youth will be transitioned to DMHAS for substance use treatment services.

#### What is the South Jersey Initiative (SJI)? Does my child qualify for SJI funding for substance use treatment services?

The South Jersey Initiative is a funding stream that was secured due to a lack of substance use treatment resources in southern NJ. In order to qualify for SJI funding, the youth must meet the criteria for services listed above <u>and</u> must be from one of the following eight counties: Atlantic, Burlington, Camden, Cumberland, Gloucester, Cape May, Ocean, and Salem. SJI funding is the payer of last resort.

#### What services are available if my family member does not meet the age criteria for CSOC Substance Use Treatment Services?

PerformCare can provide referral information of services available throughout the state.

#### How can a youth apply for substance use treatment services?

Youth/families may apply by simply calling PerformCare at 877-652-7624. If youth/family is involved with a DCP&P case worker, Juvenile Court agent, designated county substance use coordinators, Care Management Organization (CMO), or contracted substance use treatment agency, PerformCare recommends that the family/youth call with the referring agency. This allows PerformCare to verify the status with that individual and give the youth/family the information that is needed to obtain an assessment. Youth/families may also contact one of the contracted substance use treatment service providers directly to seek services. The substance use treatment provider would need to call PerformCare to verify eligibility and obtain authorization before proceeding with the service.

#### What are the fees for these services?

There is no charge for youth authorized for CSOC-funded substance use treatment services. If you are seeking services yet are unsure about your eligibility, please contact us directly at 877-652-7624 and we will confirm your eligibility status.

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#### How long will substance use treatment services last?

The length of service depends upon the youth's need for treatment and qualifying clinical criteria. Upon receiving services, the youth will be assessed on a regular basis and a licensed clinician at PerformCare will review the documentation submitted by the provider in order to determine the youth/family continued need for treatment.

#### Are these services voluntary? (Does my child have to consent?)

Yes, youth must consent to substance use treatment services, unless court-ordered. For specific information regarding parental consent, please outreach to the substance use treatment provider that you are referred to.

#### Where are these services located?

The CSOC contracted SUT providers are located throughout New Jersey. PerformCare can provide information and referral to services by county and proximity to the youth's home. [Contracted Provider List]

#### Can I choose my own provider for a funded service?

Yes. Choice will be limited to the SUT providers currently contracted with CSOC. Families are able to choose from providers that are available closest to a youth's geographical area.

#### If I use the services provided, will my information be kept confidential?

Absolutely. PerformCare complies with confidentiality and privacy regulations of the Health Insurance Portability and Accountability Act (HIPAA) as well as the requirements set forth in 42 CFR Part 2, which addresses the confidentiality of alcohol and drug use records.

#### Who will have access to my child's information?

Substance use information protected under 42 CFR Part 2 will be shared only to the extent permitted by the 42 CFR Part 2 compliant consent form completed by the youth. Generally, the consent will permit sharing of information between PerformCare, the treatment provider, and any entity that is providing care management. Such access is limited to the information that the party needs in order to provide or arrange for the provision of services. The 42 CFR Part 2 consent form is available on our website under the *Provider* link.

#### How do I revoke or revise consent for the release of information?

The youth should speak with their treatment provider to revoke a previously signed consent or revise the breadth of the consent. A revocation will not apply to information that has already been disclosed based upon a previous consent. When consent is revoked, the provider is responsible to take necessary action to revoke access of the information. The youth may complete a new consent form at any time

through their provider or obtain the form from PerformCare's website and send by mail or fax to PerformCare or the provider.

#### Why do I have to register with PerformCare?

PerformCare maintains an electronic service record that relies on accurate, up to date demographic and other pertinent information about the youth for purposes of assessment, referral, and authorization. This information also allows us to contact you and mail correspondence to you regarding any authorization of services for your records.

#### Can I use (are there any) out-of-state substance use treatment services?

No. CSOC does not contract with out-of-state substance use treatment providers. You may access out-of-state services through private pay or private insurance.

The Children's System of Care offers Out of Home Treatment that provides 24 hour supervised, all-inclusive, co-occurring clinical services in a community-based setting for adolescents ages 13-18 who present with challenges in social, emotional, behavioral, and/or psychiatric functioning; as well as co-occurring substance use treatment needs. These services provide a treatment framework that integrates behavioral health and substance use clinical services that can be accessed through the Care Management Organization (CMO) in your county.

# Co-Occurring Behavioral Health/Substance Use Treatment Homes

Bonnie Brae-Liberty Corner Males Only **Carrier Clinic- Wolf Lodge** Belle Meade Males/females Center for Family Services- 856-964-1990 Berlin

Males Only

Community Treatment Solutions- Aspen House Eastampton 856-642-9090 Females Only

Legacy Treatment Services-Anderson Cottage
Mt. Holly
Males Only

Robin's Nest- Arbor House

Mullica Hill Females Only

856-881-8689

#### New Jersey Children's System of Care (CSOC)

CSOC within the NJ
Department of Children
and Families, serves
children, adolescents, and
young adults with
emotional and behavioral
health care challenges,
developmental and
intellectual disabilities,substance use challenges
and their families.

# Department of Children and Families

The NJ Department of Children and Families is the State's first comprehensive agency dedicated to ensuring the safety, well-being and success of children, youth, young adults, families and communities. Our vision is to ensure a better today and even a greater tomorrow for every individual we serve.



### New Jersey Children's System of Care

Adolescent and Young Adult Substance Use Treatment Services CSOC is committed to providing services based on the needs of the child and family in a family centered, community-based environment.

NJ Children's System of Care 50 East State St., 3rd floor

P.O Box 717 Trenton, NJ 08625 Phone: 609-888-7200

Fax: 609-292-3743 Robin.Federico@dcf.state.nj.us Kelly.Pfeiffer@dcf.state.nj.us

including outpatient, partial care, short-term residential and long-term residential. For questions about or to access substance use treatment services for youth The Children's System of Care offers an array of intensive and young adults, call the PerformCare 24-hour, tolluse treatment services, withdrawal management, outpatient, free Access Line:

# 1-877-652-7624

# **Accessing Services**

A parent/legal guardian may contact PerformCare to access any CSOC contracted service. PerformCare's licensed clinicians' complete assessments over the appropriate authorizations. If a youth/young adult meets clinical criteria for out of home co-occurring services, he/she will be opened to a Care Management Organization (CMO) from their county. The CMO Care Manager will help with paperwork, coordinate services and support families through the process. referrals and provide

Families may also access services directly through CSOC contracted substance use this brochure. Providers complete an assessment and submit it to PerformCare. These services may also be accessed through a CMO, MRSS, DCPP and/or juvenile courts if any of these entities are involved with the youth. treatment providers listed in one of the

Service consideration is based upon the American Society of Addiction Medicine (ASAM) criteria, also These decisions are made by Licensed Clinical (LCADCs) with known as the ASAM patient placement criteria. Alcohol and Drug Counselors appropriate specialized training, The services are authorized WITHOUT regard to income, private health insurance, or eligibility for Medicaid/NJ

# Withdrawal Management - Detox Short Term Medical

New Hope - Marlboro Male & Female

732-946-3030

## Co-Occurring - Short Term **Out of Home Providers**

New Hope - Mariboro Male & Female

732-946-3030

## Co-Occurring - Long Term Out of Home Providers

856-358-4111 973-543-5656 Daytop NJ - Pittsgrove Daytop NJ - Mendham Male & Female Male & Female

973-623-7481 Integrity House - Newark Males Only

973-623-3386 Newark Renaissance House - Newark Males Only

# Contracted Outpatient Providers

732-842-2000 973-783-6655 973-539-5764 856-742-0900 973-675-3817 856-858-9314 973-623-3386 856-845-6363 609-396-4557 732-920-2700 Family Connections - Orange Newark Renaissance House Provides partial care) Catholic Charities - Trenton Seashore Family Services Gloucester City **Genesis Counseling** Collingswood Daytop - Parsippany My Father's House SODAT - Woodbury COPE - Montclair Newark CPC - Red Bank

## South Jersey Initiative Fee for Service

Ambulatory Services limited to adolescents residing in any of the eight southern counties: Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Ocean and Salem.

	Center for Family Services	
٠.	Williamstown	856-72
	Voorhees	856-43

856-728-0404	856-428-5688		9998-988-609
Williamstown	Voorhees	Families Matter	Villas

First Step		
Bridgeton		856-451-3727
Genesis Counseling	eling	
Collingswood		856-858-9314

	Collingswood	856-858-9314
	Camden	856-964-3955
	Mariton	856-596-8007
Legacy		
	Mt. Holly	609-267-1377

|--|

609-267-5656

Hainesport

	856-742-090	856-742-081
My Farner's House	Gloucester City	

# Preferred Behavioral Health

732-367-4700	732-367-1710
Lakewood	

## 732-323-3664 Seashore Family Services **Toms River**

732-920	
Brick	ODAT

-2700

	856-845-6363	609-265-7884	856-964-5000
DAT	Woodbury	Mt. Holly	Camden

	609-2
Solstice Counseling	Lumberton

88-8844

	856-240-1417
The Village Wrap	Collingswood

#### Support Hotlines (cont.)

National Suicide Prevention Lifeline 800-273-8255 NJ AIDS/ATD Hotline 800-624-2377

NJ Caring Crisis Hotline 908-232-2880 or text "CWC" to 839863

NJ Department of Children and Families 877-652-2873 NJ HOPELINE 855-654-6735 Ocean County Helpline Crisis Unit 732-240-6100 Planned Parenthood of Central NJ 732-431-1717 Runaway Hotline 800-786-2929 SAFE-Self Abuse Finally Ends 800-366-8288 180 Turning Lives Around (Sexual Assault) 888-264-7273

#### **Programs and Facilities**

#### Robert Wood Johnson Barnabas Health

Opioid Overdose Recovery Program (IFP)

1691 US Highway 9 Toms River, NJ 08754

732-914-3815

www.Institiuteforprevention.com

-several locations in Ocean County including Toms River, Lakewood and Brick.

-provides recovery services

#### Ocean Partnership for Children, Inc.

1610 Route 88 Brick, NJ 732-202-1585 information@oceanpartnership.org www.oceanpartnership.org

-all aspects of community resources including crisis, housing, shelther, legal assistance, medical and mental health. clothing, supplies, child care, self help, employment assistance, education, etc.

#### DAYTOP Treatment Center-Ocean

399 North Main Street Manahawkin, NJ, 08050 732-875-1090 www.daytopnj.org

-substance abuse and mental health outpatient treatment services for youth, young adults, and adults.

-individual, group and family counseling. -comprehensive assessments and psychiatric treatment.

Integrated Aftercare

Main Office located in Eatontown, NJ 615 Hope Road Building 5B, floor 2 732-389-0697

-additional offices in Jackson and Middletown.

-various services provided such as educational advocacy, parent support

programs, psychiatric evaluations, self harm, and many more.

#### Preferred Behavioral Health

Early Intervention- Teen Intervene

591 Lakehurst Road Toms River, NJ 732-458-1700

-ages 12-19 program for risk elimination, harm reduction, substance use, 3-4 sessions

-scholarships may be available

-early intervention with substance use

#### Common Ground Grief Center

67 Taylor Avenue Manasquan, NJ 732-606-7477

www.commongroundgriefcenter.org

-grief and loss

-children, adolescents and families

-free services

#### St. Francis Community Center

4700 Long Beach Blvd Long Beach Township, NJ 609-494-1554

\*Sexual Abuse & Assault Program Hot Line (609) 494-1090 -individual and family therapy- all areas of counseling.

-For victims of sexual abuse and their family members

-Ongoing Therapy, community education programs, 24-Hour Crisis Hotline -there is no fee for this program

#### Bright Counseling and Consulting, LLC

732-773-8087

-intensive in-community services provider

-provides in home counseling

-suicide awareness, self care, re-entry for students after hospitalization, grief and loss, offer traumatic responses.

#### **Counselors/Therapists**

#### The Counseling Center at Toms River

1198 Lakewood Road Toms River NJ 732-736-6559 \*24-hour number -full service mental health and behavioral sciences including substance treatment (OP and IOP) dual diagnosis

-accepts most insurances and offers Saturday assessments

#### Paint the Stars Art Therapy

Robyn Schindler, LPC, ATR-BC, LGAT Clinical Art Therapist 660 Tennent Rd, Manalapan Township, NJ 07726 732-766-1238 -creative therapy for children and adolescents such as play therapy, and art therapy.

#### Monmouth Psychological Associates

Dr. Donald Erwin, Director 620 Shrewsbury Ave, Suite D Tinton Falls, NJ 07701 732-530-9029

-eating disorders program: anorexia and bulimia.

-out of network provider; will work with clients about finances.

#### Robert Wood Johnson: Adolescent Medicine

Dr. Barbara Snyder 89 French Street New Brunswick, NJ 732-235-7896

-eating disorders-nutritionist on staff

#### HJM Counseling LLc; Juvenile Fire Setting Evaluator

Henry Madamba, LPC 505 Kirklin Avenue Linwood, NJ, 08221 609-287-0697

-offers counseling to children and adolescents who are displaying signs or behaviors that may lead to fire starting habits.

#### Ocean County Social Skills

Cheryl Kasper, LCSW & Associates 520 Main Street Toms River, NJ, 08753 732-600-0971

-conversation skills, anger, problem solving, bullyin/teasing, listening skills, conflict resolution, understanding body language, making/keeping friends, decision making, -impulse control, and much more.

#### Eli Hilman, LCSW Counseling

Eli Hilman, MSW, LCSW
34 Manchester Ave #205
Forked River, NJ
732-503-7260
www.elihilman.com

-family dynamics, marital conflict, childrens issues, ADHD, conduct disorder, aggression anger management, defiance, anxiety, emotional difficulties, and more.

#### Harbor View Counseling

Dr. Thomas Mackarevich, Ph.D., LCSW, CADC 15 Grand Avenue Toms River, NJ 732-240-9352

-variety of counseling services such substance use, addictions -adolescents and children -family counseling -out of network provider; possible Sliding scale fee.

#### Robert M. Cicione, LCSW

566 East Bay Avenue Manahawkin NJ 401-441-7028 trauarelief@yahoo.com

\*typically gets clients in within 48 hrs\*

-trauma relief-anxiety and stress specialist-children and adolescents-bullying issues and anger management

#### Riverside Counseling

Robert Schoka, Director Jennifer Raban Elizabeth Dorso Scott Entrkin Christine Leotta

Two locations:

- 1466 Hooper Ave, Toms River NJ 732-383-4042
- 2. 1044 Lacey Road, Forked River, NJ 609-819-8005

riversidecounselingllc@yahoo.com

-addresses all mental health issues
-substance abuse and substance
evaluations
-adults, families, adolescents
-counselors have education
backgrounds and are very good
with school related issues

#### Diane Harvey Johnson

Two Locations:

- 710 Tennent Rd
   Building 3 Suite 303
   Manalapan, New Jersey 07726
- 2. 44 Princeton Avenue Brick NJ (732) 751-4542

-variety of counseling services -family and adolescents -anxiety, depression, suicidal ideation, school issues, EMDR -out of network benefits

#### The Marilyn E. Moorehead Center

For Counseling

Marsha A. Gelb, MSW, LCSW, SAC The Commons Professional Plaza 665 Commons Way Toms River, NJ 732-505-2075

-focuses on evaluation, prevention, diagnosis, and treatment of mental, behavioral, and emotional health issues.

#### Let's Talk About It Counseling

Eileen Keegan, MSW, LCSW 1108 Hooper Ave, Building # 2 Toms River, New Jersey 08753 (732) 587-6721

- -provides services to children-elderly -specialty in anxiety, divorce and trauma, PTSD
- -services include ADHD, anger management, autism, bipolar disorder, depression, coping skills, grief, family counseling and much more!
- -sand play therapy
- -"Girls Space" group for girls ages 13-17 Supports self-estem, making better Choices, Relationships, etc.

#### Christine Lill, LCSW Richard Lill, LCSW

802 Main Street Suite 1A Toms River, NJ 732-240-0509

- PTSD specialist; trauma, EMDR, depression, anxiety, suicidal ideations, and other mental health issues. -out of network benefits.

#### Sherry Artz, LPC 802 Main Street, Suite 1A Toms River NJ 732-240-0509

- -services for adults, adolescents and children.
- -grief counseling, EMDR

#### -Sand Play therapy

#### Ocean County Social Skills Counseling

Cheryl Kasper, MSW, LCSW 520 Main Street Toms River, NJ 08753 (732) 600-0971 ckaspermsw@yahoo.com

-social skills group for childrenadolescents ages 7-17

-individual services for adults, adolescents, and children.

-anxiety, depression, phobias, PTSD, EMDR
-neurofeedback, sand play therapy

#### Dominick DeBlasio, MA, LDC, LCADC

509 Main Street Toms River, N.J. 08753 732-473-0044

-variety of counseling services for children, adolescents, adults

-mental health issues including anxiety

and depression -sand play therapy

-substance abuse

-accepts most insurances

#### Rita Ferrara, LCSW

620 Lacey Road Forked River, NJ 609-693-5000 -variety of counseling services

-individual counseling for adolescents and

adults

#### Judi Sargent, LCSW

19 N County Line Rd Suite 30 Jackson, NJ 08527 (732) 581-5051 -mood disorders, PTSD, grief/loss, oppositional behavior, anger management ADHD, substance abuse and more. -eating disorders and gambling issues

#### Robbin J. Kay, Ph.D.

Neuro-Psychologist 2446 Church Road Suite 3B Toms River, NJ 732-575-1930

-variety of counseling services for individuals, adults and adolescents.

#### Community Psychology Associates

Tom Plahovinsak, Director 448 Lakehurst Road Suite 2A

-variety of counseling services including adult and adolescents, individual and

Toms	River,	NJ
732-2	40-161	7

#### family counseling

#### South Jersey Psychology

Dennis Coffee, Ph.D. 76 Commons Way Toms River NJ 732-286-2186

-variety of counseling services including individual, adult and adolescents.

-family counseling

#### Samaritan Center at the Jersey Shore

Fran Miceli, M. Ed., LCADC Clinical Director 36 South Street Manasquan NJ 732-223-4673

-wide variety of counseling services including family therapy, adolescents and couples.

-anger management, substance abuse -some insurances accepted, will work out Sliding scale fees if needed

#### Seashore Family Services Counseling

Dean Labollita, MS, CSW, LCADC, CJC Executive Director 226 Main Street Toms River, NJ Telephone: 732-244-1600

Fax: 732-349-5532

-Wide variety of counseling services -referrals to on staff psychiatrist -individual, adolescent, adult and family counseling, including substance issues, and evaluations

-accepts most insurances

#### Healy Counseling Associates

Patricia Healy, M.M., LCADC, LPC 1108 Hooper Avenue Toms River, New Jersey 08753 United States -wide variety of counseling services including anger management, family counseling, life skills and more -substance evaluations, outpatient services, IDRC (RE: DUI) -court/probation evaluations

#### Mary O'Meara, MA, LPC

816 Long Beach Boulevard Ship Bottom, NJ 609-618-7479

-school issues, anxiety, depression -school background, good with children and adolescents

#### Joanne Lynch Blaney, LPC

178 Van Sant Avenue Island Heights, NJ 732-278-2064

-counseling services for children and adolescents as well as family counseling -anxiety, depression, grief/loss, addiction -out of network provider

#### Patricia Depko, LCSW

270 Drum Point Rd Ste 201

Brick, NJ 08723 732-977-5050 -school related issues, ADHD, substance abuse, parenting

-excellent with adolescent boys

#### Denise Wirth. LCSW

524 Lake Avenue Bay Head, NJ

732-899-9959

-adolescents, family, mental health issues

substance use

-good with young children -out of network provider

#### Valerie Naman & Associates

1130 Hooper Ave

Toms River, NJ 08753

732-244-0909

-adults and adolescents

-immediate openings, accepts most insurances except for NJ Family Care

#### Psychological & Behavioral Health Centers

#### Licensed Psychologists

George Peters, Ed. D.

William Venino, Ed. D.

Dr. John Smith 1796 Hinds Road Toms River, NJ 732-255-3030 -individual, adolescents and family

counseling services -ADHD evaluations

-head injury, sports concussions rehab and

therapy

#### Cheryl A. Byk Counseling

#### And Associates

Cheryl A. Byk, LCSW LLC 500 North Main Street - Bldg. #2 Lanoka Harbor NJ 08734 US

609-971-8989

-variety of counseling services, adolescents, young children, adults

family

-addresses oppositional defiance, aspergers substance issues, parenting groups, and school related issues

#### Counseling Centers for Human Development

Linda Van Fossen MA, LPC-Director 509 Main Street Toms River, N.J. 08753 732-473-0044

-variety of counseling services for anxiety, depression, substance use, and substance evaluations and anger management -other location with psychiatric services \*908-276-0590\*

#### www.counselingchd.org

#### Comprehensive Psychological &

#### Wellness Center, LLC

Dr. Lisa Marie Granato
Lynn Mathis, LCSW
Melinda McGullam, LCSW
Danielle Spinks, LPC
Todd Maffucci, MA, LPC
Gary Levine, LPC
Noreen Taggart, LCSW
424 Route 9 South, Unit F
Forked River, NJ
609-693-4343
www.cpwcenter.com

-ADHD, learning disabilities, depression anxiety, bipolar disorder, oppositional defiance, abuse, divorce, adoption, family crisis and more! -individual, family and couples

#### **Integrated Care Concepts**

#### Counseling Services

Offices in Eatontown, Jackson, Middletown and Montclair 732-858-5432

-over 20 professional on staff
-services for adults, adolescents and families
-substance abuse, LGBT, anger management,
aromatherapy, art therapy, assessment
services, career coaching, couples
counseling, hypnosis and yoga classes

www.integratedcareconcepts.com\_

#### **ADD Solutions**

Main Office:

Toms River, NJ 388 Lakehurst Road Suite 2A

(732) 930-2242

Satellite Office:

Freehold NJ

495 Iron Bridge Rd. Suite 8

-individual, marital and family therapy

-ADHD, ADD, dyslexia, neuropsychological

testing, biofeedback -social skills group

(732) 294-5588 Satellite Office: Manahawkin, NJ SOCH Health Village 1301 Route 72 West (609) 597-5521

#### Amy Nolan, Ed., S., LPC, NCC

650 Washington St #2a, Toms River, NJ 08753 Phone: (732) 497-8895

-Psychotherapy/Counseling, career evaluations and counseling, coaching, court ordered evaluations, employee assistance counseling, psychoeducational evaluations, group counseling \*lifeprepcounseling.com

#### **CD** Consults

Janice Nardi, MS, LMFT Brick, NJ 08724 44 Princeton Avenue Suite E 732-458-2550 Manahawkin, NJ 33 St Mary Avenue Janice@CDConsults.com -adult, adolescent, individual and family counseling
-substance issues, grief/loss, other clinical disorders
-out of network provider
\*CDconsults.com

#### Andreach and Paulsen

Counseling Group George Paulsen, LPC Jasnon Andreach, LCSW Maryann Frantz 2424 Bridge Ave. Suite 4 Point Pleasant, N.J. 08742. 732-903-7012

-variety of counseling services -good with school issues -children, adolescents and adults -accepts most insurances

#### Glimmerglass Counseling

Joanne McNamara, Ph. D. 1648 Bay Ave Point Pleasant Boro NJ 08742 (732) 899-8288 -adolescents, adults, COLLEGE students -anxiety, stress management, adjustment difficulties, school/work issues Beverlee Tegeder, Psy. D.

509 Main Street Toms River NJ 732-244-4440

-variety of counseling services for adolescents, adults, family, womens issues

Diane Neuman, M. Ed., MA, LMFT

125 East Main Street Suite 6

Tuckerton NJ (609) 630-0975

-variety of services including adolescents, marriage and family therapy

Neuropsychology & Counseling

Rehabilitation

2100 State Route 33

Suites 9 & 10

Neptune NJ

732-988-3441

Satellite Office:

1255 Route 70

Suite 25-S

Lakewood, NJ

732.961.9701

-anger issues, ADHD

-neurological testing available

Maria Vernachio, LCSW

625 Atlantic City Avenue

Beachwood, NJ 732-737-1158 -variety of counseling services

Shore Behavioral Services

Ocean County Office:

2446 Church Road, Suite 3F

Toms River, New Jersey

Monmouth County Office:

2517 State Hwy 35, Bldg J, Suite 201

Manasquan, NJ

-variety of counseling services

Stephanie Fried

4105 US Highway 1, Suite 11

Monmouth Junction, New Jersey

-services for children, adolescents, adults and elders (65+)

(732) 440-9786

-ADHD, adoption, addiction, Asperger's syndrome, behavioral issues, career counseling, grief/loss, coping skills, learning disabilities, parenting, school issues, self-esteem and mood disorders.
-LGBT, teens and families

#### Morgan Burgess. LCSW

31 Main Street Toms River NJ 732-253-4224

-services including anxiety, depression, etc -domestic violence and sexual abuse victims

-ages 7 and older

-accepts most insurances

#### Mark White, Ph. D.

Licensed Psychologist

2517 Highway 35 Manasquan NJ 732-528-7844

-variety of counseling services including school issues, PTSD, divorce, anxiety, ADHD

#### Christine Keane

Neuropsychologist

Shore Neuropsychology and Behavioral Health 220 Jack Martin Boulevard

Brick NJ 732-920-3434 -variety of counseling services including anxiety

-ADHD testing/evaluations
-Biofeedback available

#### Adult and Adolescent

Counseling Services LLC

1913 Atlantic Ave Manasquan, NJ 08736 (732) 223-6565

-variety of counseling services including adolescents, young adults and substance use

#### Mindful Solutions, LLC

Susan Taylor, CSW, CRCC, MSW 248-R Washington Street

Toms River, New Jersey 08753

-services including trauma, EMDR, PTSD sexual abuse, relationships, grief/loss, anxiety/coping skills, children, adolescents and adults

#### Bridge Mental Health

Dr. Helen Demetriades, Psy D 1617 Beaver Dam Road Point Pleasant NJ 732-701-8400 www.bridgementalhealth.com

-variety of counseling services for family, marital, adult and adolescents.

#### Coastal Counseling Center, LLC

1451 NJ-88 #4a Brick, NJ 08724 (732) 785-2744

- -anxiety, depression, adjustment issues, substance use
- -some insurances accepted, some out of network
- -counselors have public school experience So very good with school issues

#### Oasis Counseling Center, LLC

Dina Bishop, LPC, LCADC 520 Main Street Lower Level Toms River, New Jersey 08753 (732) 784-6064

-outpatient services, individual and group therapies, works with autism spectrum disorder, addiction, anxiety, depression, divorce counseling, parental counseling, -accepts most insurances

#### Thompson Therapy Group

info@thompson-therapy.com

Leisha Thompson, LPC, LCADC, ACS
Dave Seegert
Keryn Shane
Judy DeFrancesco
REGENCY OFFICE
445 BRICK BLVD
SUITE 304
BRICK NJ 08723
732-814-3399
732-814-9414

-variety of counseling services including anger management, substance use, mental health issues, criminal justice counselor, -accepts most insurance and major credit cards.

#### Christine Leotta, LPC, LCADC, SAC

1044 Lacey Rd Forked River, NJ 08731 732-383-4042 732-580-6619

-variety of counseling services including school related issues, substance abuse and more.

#### Matt Talbot Institute

1201 Rte 37 W # 215 Toms River, NJ 08755 (732) 270-8333

-many years of experience in counseling services, addiction, substance use, gambling

#### Life Prep Counseling

650 Washington Street Suite 2A Toms River NJ 504 Aldrich Road Suite 2B Howell NJ 732-497-8895 Lifeprepcounseling.com

-individual, couples, group, family, parent career services
-anxiety, depression, grief, LGBTQIAA, body image, self esteem, substance abuse anger management, communication skills -accepts most insurances except Medicare And Medicaid, NJ Family Care etc.
-discounted rates offered, payment plans

#### **Psychiatric Resources**

#### Ocean Mental Health Services

81 Nautilus Drive Manahawkin, N.J. 08050

Phone: (609) 597-5327 Fax: (609) 597-6684 Ocean Academy (School)

160 Route 9

Bayville, N.J. 08721 Phone: (732) 505-2260 -counseling and psychiatric services -help for non-insured; financial issues -most insurances, medicare, medicaid

www.oceanmhs.org

Service Access #'s: (732) 575-1111 (877) 621-0445

#### High Focus Center

6 Paragon Way Suite 104 Freehold, NJ 07728

Phone: (732) 303-9900 Fax: (732) 303-9901

www.highfocuscenters.com

- counseling and psychiatric and substance services
- -takes most insurances

#### Gen Psych Mental Health

940 Cedar Bridge Avenue 2<sup>nd</sup> Floor Brick NJ 855-436-7792 www.GenPsych.com

-counseling and psychiatric services and substance issues, eating disorders, behavior issues.

-most insurances

#### Preferred Behavioral Health

700 Airport Road
Lakewood NJ
732-367-4700
848 W Bay Ave # 1C
Barnegat NJ
609-660-0197
Children and Adolescent Psychiatric
732-458-1700

-counseling and psychiatric issues, evaluations, substance issues

www.preferredbehavioral.org

#### Childrens Specialized Hospital

Dr. Moshe Rose and others Several Locations including Toms River NJ Children/Adolescent Psychiatric Services 908-233-3720 ext. 8054 www.childrens-specialized.org

-facility deals with many other areas of child and adolescent development and health care; especially children with special needs

#### Dr. Vinod Rao Bhashyam

35 Beaverson blvd Suite 1d Brick NJ 732-920-7933

-adolescent and adult psychiatry

#### Dr. Tony Junega, MD

1215 Route 70 Suite 1001 Lakewood, NJ 08701 732-942-5056

-adolescents and adult psychiatry -certified in addiction medicine

#### Dr. Karen Senese, MD

520 Main Street Toms River NJ 732-557-4147

-adolescent and adult psychiatry

#### Dr. Donald OH, MD

1749 Hooper Ave, Toms River, NJ 732-255-9411 1915 Highway 35, Oakhurst, NJ 732-663-0173

-adult, children, family and group services
-adolescent and adult psychiatry

#### Advance Diagnosis & Psych Therapy

1163 Route 37 West Suite C1 Toms River NJ 732-244-2240

-adult and adolescent psychiatry

#### Dr. Carol Dobrzynski, MD

2240 Church Rd Toms River, NJ 08753 (732) 864-2240 -children, adolescents and adults -no insurance plans

#### Dr. Rita R. Kammiel, MD

707 White Horse Pike A3 Absecon, NJ 08201 (609) 383-3330

-ages 16 and older -some insurance plans

#### Dr. Matthew Pitera

2446 Church Road Suite 2-D Toms River, NJ 08753 (732) 244-6626

-adults and adolescents
-accepts most insurances

#### Dr. Charles Meusburger, MD

3069 English Creek Ave Suite 225 Egg Harbor Township, NJ 08234 (609) 484-0770 www.snjpsychiatry.com -adult and adolescents
-certified in addiction psychiatry
-out of network provider
Life Coach also available at office:
Lisa Scott: anxiety, life skills, career,
Appoints on weekends.

#### Meridian Behavioral Health

1945 Route 33 Neptune NJ 732-775-5500

-adolescents and children ages 6 and older -psychiatric evaluations and treatment

#### Monmouth Medical Center

Faculty Practice

300 2nd Ave Long Branch, NJ 07740 (732) 222-5200

-pediatric and adolescent psychiatry -neurology and addiction psychiatry

Krystin Prasad, APN

664 Commons Way Bldg I Toms River, NJ 08755 848-210-7151

-adolescents and adults -psychiatric evaluations

#### **Substance Issues Resources**

Alcoholics Anonymous 856-486-4444

Addictions Hotline of NJ 800-238-2333

<u>Division of Mental Health and Addiction Services</u> 800-382-6717

Narcotics Anonymous 800-621-4000

National Suicide Prevention Hotline 1-800-273-TALK or 1-800-273-8255

Ocean County Health Department 1-800-622-HELP

#### **Detoxification Centers**

Lighthouse at Mays Landing (Adults/Adolescents 15+)
Mays Landing NJ
888-955-8226
www.lhrecovery.com

New Hope Foundation, Inc. (Adults/Adolescents)
Marlboro, NJ
732-946-3030 ext. 6
www.newhopefoundation.org

#### Seabrook House

Locations throughout NJ 800-761-7575 www.seabrookhouse.org

#### Serenity at Summit-Union

Clinical and Holistic Care Ipatient Detox and Addiction Treatment Centers 1000 Galloping Hill Road Union, NJ 855-855-9191

#### Summit Oaks Hospital

800-753-5223 908-522-7071 19 Prospect Street Summit NJ 07902 www.summitoakshospital.com

#### Sunrise Detox

16 Whitesville Road Suite A Toms River NJ 08755 732-797-2505 www.sunrisedetoxtomsriver.com

#### **Inpatient Treatment Programs**

New Hope Foundation, INC (Adults/Adolescents)
Marlboro NJ
732-946-3030 ext 3
www.newhopefoundation.org

Princeton House 905 Herrontown Road Princeton NJ 800-242-2550

www.princetonncs.org

Endeavor House 206 Bergen Avenue Kearny NJ 07032

Carrier Clinic Access Center

(adults and adolescents)
Belle Mead, NJ

800-933-3579

www.carrierclinic.org

Daytop Village of New Jersey, Inc

(adolescents) Eriach Fox

856-358-4111 ext 2060

Facilities throughout NJ

1-800-2DAYTOP or 1-800-232-9867

www.daytopnj.com

201-991-0035

31 East Darrah Lane **Livingston NJ** 5 Regent Street Suites 517 & 518 *1-855-GenPsych* 

#### Healy Counseling Associates

1108 Hooper Avenue Toms River NJ 732-797-0400

#### High Focus Centers

(Adults Adolescents)
Branchburg NJ 732-474-7447
Cranford NJ 908-272-2474
Freehold NJ 732-303-9900
Lawrenceville NJ 609-349-7626
Paramus NJ 201-291-0055
Parsippany NJ 973-299-9919
1800-877-FOCUS
www.highfocuscenters.com

#### Outpatient Treatment Programs

Addiction Treatment Services
International (ATSI)
313 E Jimmie Leeds Road

Galloway NJ 609-498-6009

#### AGAPE Counseling Services

815 Route 9 Lanoka Harbor, NJ 609-242-0086

#### GenPsych Mental Health

Brick NJ
940 Cedar Bridge Avenue 2<sup>nd</sup> Floor
Bridgewater NJ
981 Route 22 West
Lawrenceville NJ

#### Recovery Centers of America

Lighthouse at Manahawkin NJ Lighthouse at Mays Landing NJ Lighthouse at Voorhees NJ www.lhrecovery.com

#### Mattie House

86 Conover Road Marlboro, NJ 07746 732-817-0616 infor@newhopefoundation.org

#### Ocean Mental Health

(Adults and Adolescents)
160 Route 9 Bayville NJ
James Cooney, LCSW, CEO
732-349-5500 ext 106
Kim Veith
Kveith@oceanmhs.org
732-575-1111
www.oceanmhs.org

#### Ocean Mental Health Services, Inc.

Toms River NJ 732-349-5550 Manahawkin NJ 609-597-5325 www.oceanmhs.org

#### Preferred Behavioral Health

591 Lakehurst Road Toms River NJ 08753 Mary Pat Angelini 732-458-1799 ext 102 Lakewood NJ 732-367-4700 Barnegat NJ 609-660-0197 www.preferredbehavioral.org

#### <u>Riptide Intensive Outpatient</u> Program (13-18 years old)

Lakewood NJ 732-367-1710 www.preferredbehavioral.org

#### Saint Barnabas Behavioral Health

Center
1691 US HWY 9, CN 2025
Toms River NJ
800-300-0628
www.barnabashealth.org/specialtyservices/behavioral-health.aspx

#### Seashore Family Services of NJ

35 Beaverson Blvd, Bldg 8, Suite 8A
Brick NJ
732-477-3507
270 Chambers Bridge Road Suite 10
Brick NJ
732-920-2700
226 Main Street
Toms River NJ
732-244-1600
St Francis Community Center
Long Beach Townshuip, NJ

609-494-1554 www.seashorefamilyservices.org

#### Summit Oaks Hospital

19 Prospect Street Summit NJ 07902 800-753-5223 908-522-7071 www.summitoakshospital.com

#### The Counseling Center at Toms River

1198 Lakewood Road Toms River NJ 732-736-6559 \*24-hour number

#### **Counseling Services**

#### MTI Counseling Services of NJ

Toms River NJ Jack Brogan 732-270-8333

#### Richard Novatkoski LCADC

Mindful Recovery Counseling 1466 Hooper Ave Toms River NJ 08753

732-443-7324 <u>Mrnova425@gmail.com</u>

#### Facility Placement Help Lines, Self Help

#### Call For Addiction Treatment

1-877-887-5016

http://call-for-addiction-treatment.com

#### Drug Rehab Resource and Referral

Service

877-231-0745

www.4rehabilitation.com

#### The Treatment Help Line

Assists with placing individuals in the right rehabilitation facilities. 1-877-649-8390

#### **Support for Grieving Families**

#### Compassionate Friends

Toms River Chapter

(Chapter #1329)

Meetings: 1st Tuesday and 3rd Sunday of each

month at 7:30pm

Location: Childrens Memorial Garden in

Winding River Park 732-730-1726 1211 Whitesville road

Toms River NJ 08755

#### **Support Groups**

Addiction survivors

Addictionsurvivors.org

Adult Children of Alcoholics

310-534-1815

www.adultchildren.org

Al-Anon/Alateen

800-344-2666

www.al-anon-alateen.org

Al-Anon South Jersey Information

Service (SJIS)

856-547-0855

sjis@verizon.net / www.southjerseyal-

anon.org

Narcotics Anonymous

800-992-0401

NJ Meetings & Info: 732-933-0462

www.na.org

InterGroup (AA Meetings List)

24 Hours a Day, 7 Days a Week

Finding HOPE For Life Support

Group

Presented by HOPE Sheds Light

Meets the 2nd and 4th Tuesday of every month

at 7pm

Offered to anyone impacted by addiction

Holman Hall at Holy Cross Church

1500 Hooper Avenue

Toms River NJ 08753

732-244-0783

www.HOPEShedsLight.org

Ocean County Mental Health

Kimberly Veith, MSW, LCWS

Bayville NJ

732-349-1977 ext. 152

www.oceanmhs.org

Oceans Harbor House

Tricia: 732-929-0660

Toms River NJ

www.oceansharborhouse.org

**SOFIA** 

A support group for Parents

Lacey NJ

908-783-1688

Sunrise Detox

Meredith Kroener

Whitesville Road, Toms River NJ

888-44.DETOX

www.sunrisedetoxtomsriver.com

#### Substance Abuse and Mental Health Services Administration (SAMHSA)

Alcohol & Drug Resources for Those with Limited or No Health Insurance

#### America's Keswick

(no fee, Christian) 601 Route 530 Whiting NJ 08759 732-350-1187 www.AmericasKeswick.org

#### Hendricks House

542 N. West Boulevard Vineland NJ 08360 (must contribute \$120 a week) 856-794-2443 www.Hendrickshousegroup.org

#### Maryville Inc. Addiction Treatment

#### <u>Center</u>

(county funding available for SJI) Williamstown: 856-629-0244

Ext. 310, 312, 336

**Glassboro:** 856-863-3913 **Vineland:** 856-690-1000

www.maryville.org info@maryville.org

#### New Hope Foundation, Marlboro

(county funding available for SJI)

732-946-3030

24-hour helpline: 800-705-4767 www.newhopefoundation.org info@newhopefoundation.org

#### Sunrise House

(county funding for SJI) 37 Sunset Inn Road Lafayette, NJ 07848 888-353-6317

#### NJ Detox with State/County Funding

Christ Hospital- 201-795-8373 (Alcohol only- Self Pay \$800/a day)

Lighthouse-Mayslanding 800-852-8851

New Hope-Freehold 732-946-3030 ext. 247

Sunrise House-Lafayette 800-538-5483

Carrier Clinic Belle Mead 800-933-3579

New Hope Foundation 732-946-3030

Princeton House 609-497-3355

Summit 800-753-5233

#### **Support for Recovery**

#### City of Angels

Conquering Our Addictions Recovery Coach Training Hightstown NJ 609-910-4942 cityofangelsNJ@hotmail.com www.cityofangelsnj.org

#### Recovery America

888-360-7788 ext. 3

www.recoveryadvocates.org

#### **HOPE Sheds Light**

855-350-2790- 24/7 hotline\* 253 Chestnut Street Toms River, NJ 08753 732.244.0783 www.hopeshedslight.org/