



**BARNEGAT ATHLETIC DEPARTMENT  
ALL SPORTS PHYSICALS  
MS & HS Student Athletes  
Tuesday, July 12 & 26<sup>th</sup>  
and Wednesday, August 10**



It is that time of year again! Annual physical exam are required of all students who wish to participate in any sports and prior to summer practice, tryouts, and competitions.

**FREE PHYSICALS** are going to be held at Barnegat High School on the following days:

**Tuesday, July 12 & 26<sup>th</sup> and Wednesday, August 10<sup>th</sup>, from 9-1 pm.**

**No appointments are necessary - First come first serve basis**

We encourage all students to participate as this would cover all sports throughout the 2022/2023 school year. They will however need to file out a **Physical On File Packet** prior to every season/sport that they wish to participate in.

Students and parents must complete all Physical paperwork prior to their visit. Physical paperwork is available on our district website, BHS Athletic Office and main offices.

Any questions please contact Diana Gomez, Athletic Secretary at (609) 660-7510 Extension 77106 or email at [dgomez@barnegatschools.com](mailto:dgomez@barnegatschools.com).