



**FREE
EVENT**
for parents, coaches,
and league officials

Changing the Script

Preventing exposure to opiates among young athletes.

Thursday, October 24, 2019 6:30 - 8:00 pm

Barnegat Recreation Center

900 W. Bay Avenue, Barnegat

Athletes who play a single sport year-round, particularly high contact sports such as football, ice hockey, wrestling, and lacrosse, may be at a higher risk for injuries in which an opioid pain reliever may be prescribed.

This FREE program will walk through the steps that parents, coaches, and league officials can take to help keep their players safe and reduce the risk of injury.

Barnegat Communities that Care will provide a brief overview of the Social Development Strategy. Youth who are provided with opportunities, skills and recognition develop strong bonds with family, school and community that motivate them to adopt healthy behaviors.

Light refreshments will be served

**Institute for
Prevention
and Recovery**

**RWJBarnabas
HEALTH**

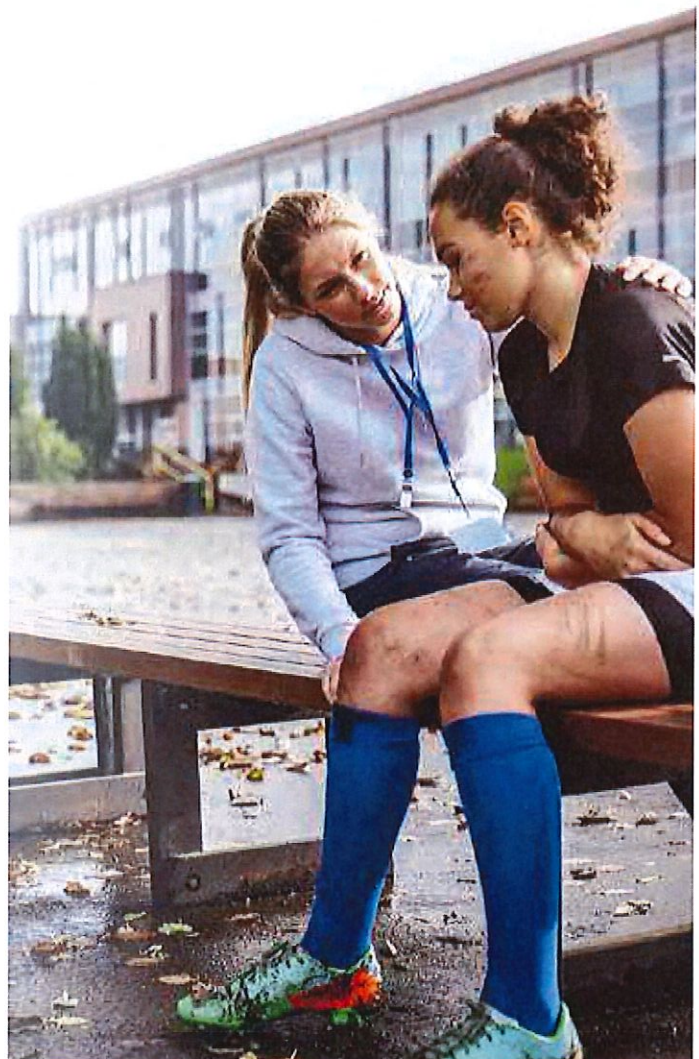


DART Prevention Coalition
Taking Aim at Substance Use in Ocean County



GCADA
Governor's Council on
ALCOHOLISM & DRUG ABUSE

**Barnegat Township
Recreation Department**
**Township of Ocean
Municipal Alliance**



Brian J. Ferrara